



Empowering YOU to tackle HATE.

Did you know that you are less likely to help someone in need when there are other people around you? It's called the bystander effect. Here's the information you need to be an ally.

- Observe the situation. Don't turn away as it gives the message to the offender that their behaviour is acceptable.



- Pay attention to details so that you have the best information when you report the incident. Make a note of the description of the offender, where you are, and what time it is.

- If you don't feel you're the best person to deal with the situation, call security, staff, or other bystanders for help to intervene.



- Once you're in a safe space, report directly to the police. Remember, in case of an emergency, always call 999.

If possible, speak with the victim. Assure them that what just happened was wrong.



- Ask if they're OK.
- Ask if they need any help, or would like you to call someone.

Direct interventions

If you feel like it's safe to do more.



Do something to interrupt the abuse. Spill a drink, or tell the perpetrator they have dropped something.

You can also address the victim whilst ignoring the perpetrator. Ask for directions or time. You can move closer to the incident, so the perpetrator is aware that you have noticed their behaviour.



Say what you think out loud or speak to others at the scene. You can say '*that's not OK*' or '*I think we should do something about it*'.

You can also show disapproval through your body language and facial expressions. It will let the perpetrator know you don't accept their behaviour.



Address the abuse. Tell the perpetrator their behaviour is unacceptable.

For a more subtle approach, you could ask them why they behave in this way or question what the victim has done to deserve this.

Safety first

Do not confront the perpetrator if they are or might become violent. **In case of an emergency, always call 999.**

www.standbyme.uk

GET IN TOUCH:



www.communitiesinc.org.uk



Communities_INC



admin@communitiesinc.org.uk



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