



**Stand  
by Me**



## **Support Services:**

- **Victim Support: 0 808 1689 111** or online [www.victimsupport.org.uk](http://www.victimsupport.org.uk)
- **Samaritans** provide emotional support to anyone in emotional distress. Call **116 123**, or email [jo@samaritans.org](mailto:jo@samaritans.org)

**For local information on reporting and victim support visit [www.standbyme.uk](http://www.standbyme.uk)**



## How to report hate?

- Directly to the police: in case of emergency call **999**, otherwise call **101**
- Online with **True Vision** – [www.report-it.org.uk](http://www.report-it.org.uk)
- Call **Crime Stoppers** on **0 800 555 111**
- On trains contact **British Transport Police**.  
Text **61016** or call **0 800 40 50 40**